

Waste collection dates for the festive period

Christmas Week (no collection 25th & 26th)

Normal Day	Revised Day
Monday 23rd December	Monday 23rd December
Tuesday 24th December	Tuesday 24th December
Wednesday 25th December	Friday 27th December
Thursday 26th December	Saturday 28th December
Friday 27th December	Sunday 29th December

New Years Week (no collection 1st Jan)

Normal Day	Revised Day
Monday 30th December	Monday 30th December
Tuesday 31st December	Tuesday 31st December
Wednesday 1st January	Thursday 2nd January
Thursday 2nd January	Friday 3rd January
Friday 3rd January	Saturday 4th January

Capital Times



GOLD Medallist and Dancing on Ice judge Robin Cousins visited City Hall to officially launch Cardiff's Flybe Winter Wonderland. This year Sayers Amusements will run all the fun around the Winter Wonderland ice rink, with the rink being delivered and operated by Robin Cousins' company, Cousins Entertainment Ltd. Winter Wonderland will run until Sunday, January 5 and joins a packed programme of Festive entertainment in the capital. For more information visit www.christmasincardiff.com

Cardiff Council Issue 157 Christmas 2013



NEWS



Canton Library re-opens - see page 6



Cardiff's double sporting success

CARDIFF has been selected to host the IAAF World Half Marathon Championships in 2016.

The news follows the announcement that Cardiff has also been awarded the prestigious title of European Capital for Sport 2014, which is further recognition of the city as a major sports destination.

Following interest from cities such as New York and Sydney, Cardiff was chosen to host the IAAF World Half Marathon Championships, with the race set to attract the world's best endurance athletes to the city in the build-up to the 2016 Rio Olympic Games. The successful bid

was a joint effort between Cardiff Council, UK Athletics, the Welsh Government and Welsh Athletics.

The event, due to take place in March 2016, is the first of its kind to be staged in Wales and will be the biggest athletics event hosted by the Principality since the 1958 Commonwealth Games. Runners of all standards are able to join in the same event as the elite athletes.

The title of European Capital for Sport recognises the city's commitment to providing sport as a social function while using it to improve the quality of life and wellbeing of its citizens. Judges were particularly impressed with the established grassroots sport

development programme. SportCardiff helps to train and deploy hundreds of coaches into schools, sports clubs and communities providing hundreds of thousands of sports opportunities each year.

The Leader of Cardiff Council, Councillor Heather Joyce said: "Once again, Cardiff is demonstrating its world class sporting credentials.

"Previously hosted by countries including Brazil, China and Italy, the IAAF World Half Marathon Championships will provide significant economic benefits for Cardiff and the city region as well as providing an economic boost for the rest of Wales. The event will

also create significant amounts of funding estimated at £2m for charities and good causes as a result of the mass participation race."

Cabinet Member for Sport, Leisure and Culture, Councillor Ramesh Patel, added: "Cardiff not only excels in delivering large sporting events with some fantastic first class sports venues but has established a leading grass roots sports programme as well. This approach to the development of sport at all levels has been heralded by the European Capital for Sport judges as a best case example for Europe."

2014 is set to be another big

sporting year for Cardiff with a huge number of national and international events including international cricket, the Heineken Cup Final and UEFA Super Cup Final. Local communities will also

stage events and new schemes to boost sports participation and give everyone a chance to be involved in this momentous year for the city.

• more sport see page 8



Photo: Charley Howells
• Pupils from Ninian Park Primary School celebrate Cardiff's sporting achievement

Capital Contacts



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You can also e-mail us at capitaltimes@cardiff.gov.uk

The paper is also available from council offices and facilities such as libraries and leisure centres across the city and on the council's website www.cardiff.gov.uk

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A day in a life

The latest in a regular series looking at the jobs carried out by Council employees. This month **Brenda Davis**, Childcare Strategy Unit Manager, speaks to Capital Times.

I'VE worked in this service area since April 1998 and manage a team of 25 staff plus a range of community-based playgroups, afterschool clubs, crèches and the Council's workplace nursery. The Childcare Strategy Unit delivers services which support the implementation of the Council's statutory duties within the Childcare Act 2006. These include: The Family Information Service; Childcare Business Support Services; Childcare Workforce Development; Cardiff Childcare Services; Childcare Strategy Business Development; NOVUS European Social Fund Project.

There are 534 registered childcare providers in Cardiff and parent surveys

tell us we still need to develop more childcare. The Family Information Service (FIS) is a free impartial information and advice service for all parents and carers of children and young people aged between 0-20 years of age, and the professionals who work with them.

We cover all aspects of childcare in Cardiff, providing information, assistance and advice to help people find and choose childcare, children and young people's activities and family support organisations. We also offer advice and information on the help available for the costs of childcare, careers in childcare and childcare training.

The team regularly meets with parents and carers, childcare providers and visits community events to offer specialist advice and support. We support childcare providers meet legal and regulatory requirements and have up to date business plans.

My day involves a lot of planning. I respond to enquiries, mostly from parents. I identify how many childcare places are available in Cardiff and look to develop more childcare where there's demand. This can range from childminder places, full day care, sessional care, crèches, after school and holiday clubs and wrap around care.

The Childcare Business Support Team meet with potential new day care



providers and offer them business start up advice.

We have a city wide approach to childcare provision and will look at areas where there is a shortage to try and meet that demand.

The Childcare Workforce Development Team offer in excess of 200 courses a year to all childcare providers in Cardiff. These include national qualifications as well as legal and regulatory courses, professional development courses and specialist training. Training is also offered for people starting a career in childcare and help is available to become qualified.

We also help people with advice on getting help with the cost of childcare and we offer an Assisted Places Scheme for parents with

disabled children or additional needs.

It's important that as a team we have a national perspective as well as local. We respond to Welsh government consultation on the review of Daycare Regulation for instance and regularly contribute to a range of local, regional and national forums. We make sure that all our information is accurate and up to date and that we provide all the things a parent or carer needs to consider when choosing childcare and know about all of the options that are available.

For further information on Cardiff's Family Information Service visit www.childcareincardiff.info/fis or email fis@cardiff.gov.uk or telephone 029 2035 1700.

Improving communications with the taxi trade

A NEW communications forum has been set up to improve relations with the taxi trade. The partnership includes the taxi trade, South Wales Police, Cardiff Business School and the Council's highways, city centre management and licensing departments.

The forum will be agreeing a terms of reference with a view to work together to improve the image of Cardiff and the Capital city region.

Councillor Gretta Marshall, Chairperson of the Licensing and Public Protection Committees, said: "The taxi trade is vital to Cardiff's economy as well as being a key interface with visitors to the city and by working together we can improve the passenger experience, better protect driver and passenger safety and ensure there is two way dialogue to resolve issues that arise as Cardiff continues to expand and develop into a world class city."

Currently there are more than 2,000 licensed drivers,

approximately 960 proprietors and 36 private hire operators in Cardiff. The plan is for the forum to meet quarterly to monitor progress and ensure that ample opportunity is in place to communicate with the taxi trade.

Councillor Marshall said: "I would like to thank everyone who attended the first meeting. A range of issues were discussed and we will work with staff and our partners to address these before the next meeting. This forum will be an essential new process to improve our relationship with the taxi trade.

"The highways department is also introducing a pilot scheme in June, through controlled enforcement to allow private hire vehicles to use bus lanes. We know that this is an outstanding request from the trade to put both hackney and private hire vehicles on an equal footing and if successful will improve the passenger experience."

The forum can be contacted by email licensing@cardiff.gov.uk via

Committee Dates

December 2013 - January 2014

Monday, 9 December, Cabinet, 2.30pm, Committee Room 3, County Hall.

Tuesday, 10 December, Environmental Scrutiny Committee, 4.30pm, Committee Room 2, County Hall.

Wednesday, 11 December, Democratic Services Committee, 10pm, Committee Room 4, County Hall.

Wednesday, 11 December, Planning Committee (Development Control), 2.30pm Ferrier Hall, City Hall.

Friday, 13 December, Glamorgan Archives Joint Committee, 2pm, Glamorgan Record Office, Leckwith.

Thursday, 19 December, Council, 4.30pm, Council Chamber, City Hall.

Tuesday, 7 January, Licensing Committee, 10am, Committee Room 1, County Hall.

Tuesday, 7 January, Public Protection Committee, 10.30am, Committee Room 1, County Hall.

Tuesday, 7 January, Policy Performance & Review Scrutiny Committee, 4.30pm, Committee Room 4, County Hall.

Wednesday, 8 January, Community and Adult Scrutiny Committee, 5pm, Committee Room 4, County Hall.

Thursday, 9 January, Economy & Culture Scrutiny Committee, 4.30pm, Committee Room 3, County Hall.

Tuesday, 14 January, Children & Young People Scrutiny Committee, 2.30pm, Committee Room 4, County Hall.

Tuesday, 14 January, Environmental Scrutiny Committee, 4.30pm, Committee Room 4, County Hall.

Wednesday, 15 January, Planning Committee (Development Control), 2.30pm, Ferrier Hall, City Hall.

Thursday, 16 January, Cabinet, 2.30pm, Committee Room 3, County Hall.

These dates are correct at time of going to press, however changes can occur due to unforeseen circumstances. If you wish to attend any of these meetings, details may be confirmed with Committee & Members Services at County Hall on 029 2087 2020.



Message from Heather Joyce, Leader of Cardiff Council

WELCOME to the Christmas edition of Capital Times.

This month's paper leads with the fantastic news that Cardiff has been chosen as the host city for the IAAF World Half Marathon Championships in 2016 as well as being named European Capital for Sport 2014.

These are two magnificent achievements and will further cement Cardiff's reputation as a leading world city for sport. Cardiff, quite rightly, has built up an unsurpassed reputation as being one of Europe's top sporting capital cities, having hosted FA Cup finals, an Ashes test match, Olympic football matches, Heineken Cup finals and the recent Rugby League World Cup games.

Next year promises to be another exciting year for sport in the capital with more national and international

events taking place in the city, including international cricket, the Heineken Cup Final and the UEFA Super Cup final.

In last month's Capital Times I spoke about the difficult and challenging times facing all UK councils due to the economic downturn. We are facing a huge reduction in our budgets and have some tough decisions to make for the future.

We have identified our key priorities of protecting the vulnerable, prioritising schools and driving forward the economy to create jobs and opportunities.

However significant cuts are going to have to be made and we also have to accept that the way we deliver services will have to change.

As part of the budget setting process our Cabinet wants to hear from you about what you think the top priorities for

Cardiff should be and is asking people to take part in an online consultation, the details of which are on this page. We want to listen to the views of as many people as possible and this will help us with the development of our budget proposals.

We will continue to work hard for the city, with decision-making that shows we are listening to public opinion. This also means working with communities, business partners and the voluntary sector. Together, we will all move the city forward.

Finally I would like to wish all our residents a very happy Christmas. Christmas is a special time of year for families and I think the decorations across the city look absolutely fantastic. Have a very Happy Christmas and best wishes for the New Year.

City region group set to boost investment

CARDIFF Council has welcomed the news that a new south east Wales city region group has been set up to boost investment.

Welsh Rugby Union chief executive Roger Lewis has been appointed chairman of the group which is made up of public and private sector specialists as well as company bosses and academics.

Cardiff councillor Russell Goodway, Cabinet Member for Finance and Economic Development, will be the group's deputy chair along with Professor Colin Riordan, the vice chancellor at Cardiff

University.

The board, which will meet six times a year, will convene for the first time this month with its aim to bring people together across the city region - which covers 10 local authorities including Cardiff Council - and focus on developing prospects across the area.

The idea behind establishing the group is to facilitate a more regional approach to attracting economic investment opportunities and inward investment. It follows a report from an independent panel that concluded that

city regions help create a big part of the UK's economic output.

Cardiff Council Leader, Heather Joyce, said: "The creation of a new south east Wales city region has huge potential to unlock local growth and improve the economic competitiveness of the region as a key driver for the whole of the Welsh economy.

"I believe the Board offers great potential and I am both enthusiastic and confident that its work will enhance the attractiveness of Cardiff and its region as a place to do business."



Council consulting on budget priorities

A CONSULTATION on Cardiff Council's budget priorities for 2014-2015 has been launched online.

Cardiff, like all other local authorities in Wales, is facing significant financial challenges in setting its budget and the reduction in funding from the Welsh Government, together with inflation and other financial pressures, means that Cardiff is facing an overall budget

shortfall of around £50m.

As part of the budget setting process the Council's Cabinet is keen to hear from people about what they think the top priorities for Cardiff should be and is asking people to take part in the online consultation.

Council Leader, Councillor Heather Joyce, said: "We are committed to listening to the views of as many people as possible and the responses we

get from the online consultation will help to inform the development of our budget proposals.

"We are facing incredibly tough times in Cardiff and as a Council we will do our utmost to protect our key services. That means looking at driving forward the city's economy by creating jobs and opportunities for businesses to thrive, improving standards of education, looking after the

vulnerable, and protecting, where possible, frontline services but we have to be realistic about what we can afford to do.

"It is very important to us that we hear the views of people who will be affected by the tough decisions we have to take and I would urge everyone to have their say and take part in this budget consultation."

The information collected

as a result of the online consultation will be used to help inform the development of budget proposals and further consultation will take place on more detailed proposals in the coming months.

Cabinet Member for Finance and Economic Development, Councillor Russell Goodway added: "We are determined to do all we can to help to drive forward the economy to create jobs, positioning Cardiff rightly as the powerhouse of the Welsh

economy as well as improving standards of education and protecting the vulnerable but we have to be realistic about the financial constraints in which we have to operate.

"We need to engage with as many residents, council taxpayers and other stakeholders as possible, as well as our own staff to understand their priorities as we go through the budget setting process."

The Budget Priorities Consultation can be accessed online at www.cardiff.gov.uk

Butetown regeneration scheme gets the community thumbs up

AN ambitious regeneration project that has transformed the heart of Butetown is already making a difference to the lives of the people who live there.

The £13m Loudoun Square regeneration scheme has delivered 61 high-quality affordable homes, a parade of 11 new retail units, a state of the art health centre, community and enterprise units, a Hub information service and a landscaped public square.

The final stage of the build was the completion of 48 new apartments, including 13 specially designed for disabled people.

Mr and Mrs Ali and their two children, Rabea and Mohamed, are one family reaping the benefits of the three-year redevelopment project.

The family applied to be rehoused in 2010 as their existing property could not be adapted to meet the needs of seven-year-old Mohamed who has Downs syndrome,

additional heart problems, learning difficulties and uses a wheelchair.

They have recently moved into a new specially designed property in Aveling House, Loudoun Square and are enjoying settling into their home which is more suitable for Mohamed.

In addition to providing much needed community facilities and transforming the physical environment of the area, the Butetown project has helped to boost the local economy and support local jobs and training.

Over 2,000 people were involved in the construction and, through a targeted training and recruitment agenda, seven apprenticeships were created for local people.

The project was a collaboration between Cardiff Community Housing Association (CCHA), Cardiff Council and the Cardiff and Vale University Health Board and has been developed by Leadbitter, a Bouygues UK

company.

It was funded by a £4.8m Welsh Government Social Housing Grant, £4.8m from Cardiff and Vale Health Board and £3.4m of private finance from CCHA.

Cabinet Member for Communities, Housing and Social Justice, Councillor Lynda Thorne, said: "The regeneration of this area has made a huge impact on the local community both economically and socially. The project has seen some great

initiatives come to fruition with improved facilities, new businesses, a modern health centre, and a Council Hub.

"This project has involved public and private organisations and of course the community with one goal of making the area a better place to live and work. The regeneration of Loudoun Square has seen this goal reached and I would like to thank everyone involved for their hard work and dedication."



• Mohamed and Rabea in their new home

Biodiversity Corner

Biodiversity includes living things, and is an essential part of the natural environment which supports and enriches our lives. Each month ecologist **Matthew Harris** talks about the natural environment in Cardiff.

DECEMBER

FOR much of our familiar wildlife, not only is food in short supply in winter, but with the shortened days the time to find food is limited as well. That's why it's all the more important to keep your bird table regularly



© Laura Palmer

stocked up with food at this time. In addition, planting fruit-bearing trees such as Rowan (especially the variety 'Sheerwater Seedling') will not only provide food for birds, but will have wider environmental benefits as well.

Trees can absorb pollutants, produce oxygen and absorb carbon dioxide, temper wind

speeds and sound pollution, provide shade, stabilise soils and aid sustainable drainage. Some of the benefits trees bring us, such as reducing the "urban heat island effect" that is created by buildings and roads, will become all the more important in the event of predicted climate change.

Advice on appropriate trees and on tree management is given in our publication 'Trees in Cardiff: A Householder's Guide', available at www.cardiff.gov.uk/tree-protection

More about wildlife next month.



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Cardiff Castle's historic moat re-flooded after 30 years

A SPECIAL ribbon cutting event has taken place to mark the restoration of the Castle's historic outer western moat, which is known as the 'Mill Leat'.

The completed restoration project has seen the site excavated and re-flooded to resemble its original state.

The word 'leat' means 'an open watercourse conducting water to a mill' and the Mill Leat sits on the line of a former mill pond at the end of the original medieval mill stream.

It supplied water to corn mills situated to the south of the town's West Gate and contained water until the late

1970s. By re-flooding it beautiful views will be restored, enhancing the character of the park to the west of Cardiff Castle, whilst a new freshwater habitat will be created increasing biodiversity in this part of the park.

Work to Mill Leat, which involved the construction of two dams, masonry restoration and installation of a clay liner was carried out by contractors Alun Griffiths as part of the £5.6m Bute Park restoration project, supported by a £3.1m grant from the Heritage Lottery Fund (HLF).

Cabinet Member for Sport, Leisure and Culture, Councillor

Ramesh Patel, said: "The completion of the Mill Leat marks an important milestone in the Bute Park Restoration Project and this latest feature will further enhance the park, bringing another captivating element of the city's history back to life."

Jennifer Stewart, Head of Heritage Lottery Fund Wales (HLF), added: "We are thrilled that this latest milestone has been reached in the restoration of Bute Park. The restored Mill Leat brings another significant part of Cardiff's heritage back to life and adds another attraction for park users to enjoy."



• Cardiff Castle's Mill Leat in 1940



Photos: Mark White Media



• Archaeologists examine some of the artifacts found at the Mill Leat

Historical treasures are unearthed at Bute Park

SIGNIFICANT archaeological finds have been discovered during the excavation of the Mill Leat.

The excavation project, undertaken by a team of qualified archaeologists, unearthed a number of important artefacts including engraved leather items, a sword sheath, what appears to be Venetian glass as well as pewter spoon and clay tobacco pipe fragments.

The objects are high status pieces and have a probable link

to the former residents of Cardiff Castle.

The collection has been dated to the 16th and 17th Centuries, a period of Cardiff's history of which relatively little is known, making the findings significant. In total more than 3,000 individual pieces have been recovered and the next step will be to clean them so that experts can better assess their significance and determine what further analysis may be required.

Once conserved and

analysed, it is hoped that several pieces will be displayed in museums for people to visit and learn from.

Dr Amelia Pannett of Archaeology Wales said: "Remarkably little is known about the history of this part of Cardiff in the 16th and 17th Centuries. To find such a quantity of artefacts is remarkable, particularly given the range of materials recovered, and will shed significant light on life in Cardiff in the early modern period."



EACH month the Capital Times will feature an object that The Cardiff Story has in its collection but needs our readers' help to solve its mysteries.

This month The Cardiff Story Museum is asking our readers if they can help shed any light on this calculator.

Arran Rees, Curator at the

Cardiff Story Museum, explained: "The person who donated this lamp burning hours calculator didn't know anything about it. We'd love to hear from anyone who could explain how and when it would have been used."

If you can help please call 029 2087 1030 or email cardiffstory@cardiff.gov.uk

Cardiff is a truly super connected city

INTERNET provision for Cardiff has rocketed over the last 12 months.

At the start of the year the city had just nine Internet Service Providers (ISPs) offering Superfast broadband to around 84 per cent of Cardiff residents.

However, thanks to the success of the Super Connected project Cardiff now has 57 ISPs able to provide Superfast broadband services across the city and 92 per cent of residents now have access.

The city's Connection Voucher Scheme, together with the Superfast Cymru project (covering Radyr and Pentrech), means that 100 per cent coverage for the city will be a reality by 2015.

Mobile operator EE selected Cardiff as one of the first cities in the UK for 4G, with other operators now following hot on their heels.

Cardiff has led the UK in

market testing a Connection Voucher Scheme, offering up to £3,000 for businesses to install High Speed connections. An initial two month test has proved highly successful with over 150 applications received.

The national rollout of the scheme will see a further increase in demand, with a new demonstration centre opening in County Hall at the end of January 2014. This will help promote the take up of ultra and superfast connectivity throughout the city via the voucher scheme.

Cardiff already benefits from a high number of Wi-Fi hotspots in comparison to other UK cities but with the city centre's new free Wi-Fi rolled out last month, it now has even better coverage giving Cardiff world class wireless connectivity.

Further projects being delivered in 2014 through the

Super Connected Team are:

- Free Wi-Fi on buses
- Free Wi-Fi at the city's bus shelters to enhance the existing real time information system
- Public building Wi-Fi to enable installation of Wi-Fi access points in public areas within public

buildings.

The final piece in the Super Connected Cardiff jigsaw is the provision of an internet exchange with international connectivity in the heart of the city which will drive economic growth and open up a world of possibilities in a new and exciting 2014.



A new chapter for Canton Library

CANTON Library has reopened following a refurbishment programme which has seen improvements being made both inside and out.

Highlights of the new library include an extended children's area, improved accessibility, updated IT equipment and free WiFi.

The refurbishment has also seen the addition of two community rooms which can be booked by local groups or used as a quiet study area.

More than a thousand people visited the library on its first day of re-opening and there was much positive feedback, with many people taking to Twitter to remark on the success of the

refurbishment.

To celebrate the completion of the work the library hosted a day of activities, including under 5s story time sessions in both English and Welsh.

The Housing, Benefits and Advice Service will also be operating a drop in service one day a week at the venue and a South Wales Police Community Access Point is now operational at the library.

Cabinet Member for Communities, Housing and Social Justice, Councillor Lynda Thorne, said: "Canton Library is now a much more attractive and fun place to visit.

"The opening of the newly refurbished library is much

welcomed by the community of Canton and feedback from the public who have already paid a visit has been very positive. I would like to thank Canton Library users for their support while the refurbishment has taken place."

To join Canton or any of the Cardiff libraries you need to bring along one item of ID (under 16s can use their parent or carer's ID) to any library in the city. Cardiff libraries also offer eBooks and eAudiobook downloads that customers can access from home. For further information, please visit www.cardiff.gov.uk/libraries and the new library number is 029 2078 0999.



Litter pick great success



• Pupils from Willows High School proudly show off their bags of rubbish.

A RECENT litter pick in Tremorfa organised by the Cardiff South East Neighbourhood Partnership Team proved a great success with 15 bags of litter collected.

Pupils and staff from

Willows High School joined forces with staff from Cardiff Council, the Probation Service, Wales and West Housing Association, Natural Resources Wales, Communities First and Keep Wales Tidy to target

streets around Tremorfa in a great partnership effort.

Pupils were given a healthy snack provided by Tremorfa Play Services for their help in keeping their community clean.

The future of Flat Holm is secured



THE Council's Cabinet has agreed to progress a Community Asset Transfer of Flat Holm island.

Following the 2013/2014 budget, it was agreed that the Council would seek alternative options for the management and operation of the island and interested bodies and organisations were asked to put forward expressions of interest.

The Council received five expressions of interest from local and national organisations; one of which was a joint bid from two national organisations.

Following evaluation and discussions with each of the

organisations the joint bid has been chosen as the preferred future operator of Flat Holm island. The two organisations within the preferred consortium are two of the largest and most experienced heritage and wildlife conservation charities and are well placed to assist the Council in seeking a sustainable future for Flat Holm island.

Cabinet Member for Sport, Leisure and Culture, Councillor Ramesh Patel, said: "We have thought hard about the future of Flat Holm and while we have never proposed closing the facility, the current financial climate means that we have had

to look at alternative delivery models which would see Flat Holm island continue to operate whilst meeting the budgetary requirements of the Council.

"I am pleased that we are able to progress proposals around a Community Asset Transfer which will mean the island will continue to be managed as a public resource and is conserved for its natural environment and historical interest."

To provide time for the Community Asset Transfer to be completed, the Council will continue to run the island until April 2015.



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Cardiff welcomes new horticultural apprentices

AS part of the Council's commitment to provide opportunities for young people embarking on apprenticeships and training schemes, three new placement opportunities have been provided in the council's parks.

Henry Cole, Chelsea Perdue and Chay Sanders have embarked on their roles as new horticultural apprentices and will benefit from a diverse range of activities and operations associated with horticulture, including plant production and propagation, plant identification,

conservation and tree management, and training in fine turf.

The three apprentices secured their positions through partnerships with the Heritage Horticultural Skills Scheme (HHSS) and the Historic and Botanic Garden Bursary Scheme (HGBS).

Cabinet Member for Sport, Leisure and Culture, Councillor Ramesh Patel, said: "I am delighted that the Council is able to provide hands on experience to complement the course of studies being undertaken by the trainees. These arrangements clearly

demonstrate the Council's commitment to young people and development in the sector.

"I extend a warm welcome to Henry, Chelsea and Chay and I hope they enjoy and benefit from training opportunities provided in some of Cardiff's finest parks and green spaces. I also invited them to the Cardiff in Bloom winners event, so that they could experience the fantastic efforts and enthusiasm that residents and businesses across the city put into their gardens and floral displays."



• Henry Cole, Chelsea Perdue and Chay Sanders



Get Foodwise at Fairwater Leisure Centre

A NEW scheme to help people live a healthy and active life has been launched at Fairwater Leisure Centre.

Foodwise is a joint partnership project between Active Cardiff and the team of Community Dietetics at the Cardiff and Vale University Health Board (UHB) and provides support and advice on managing expectations, setting realistic weight loss targets and nutritional information including how to read food labels, portion control and diet myths and facts.

The programme also highlights the importance of exercising, demonstrating the benefits this has alongside a healthy diet.

Cabinet Member for Sport, Leisure and Culture Ramesh Patel, said: "The specialist course will run for eight weeks with the outlook to positively change people's eating habits for life.

"Participants are provided with knowledge and education so that they can safely reach

their weight loss goals with a new approach to food and fitness which will stay with them forever.

"This practical and important information together with one of the many diverse range of sports and leisure activities offered at any of our leisure centres go hand-in-hand to give people the support they need to enjoy an active life."

The cost of the course is £38.80 which is included in the Active Card, the Council's simple value-for-money scheme which offers members the use of leisure and sports facilities across the city.

The new eight week Foodwise course will start on Thursday, January 9 2014 (7.30pm-9.00pm).

For more information about the course, contact Fairwater Leisure Centre on 029 2055 2210 or go to www.cardiff.gov.uk/fairwaterleisurecentre

Cardiff's historic Tramshed transformed for free live art performance

CARDIFF residents are being given the opportunity to experience a unique artistic performance using digital animation and live dance in the City's historic Tramshed.

'Trajectory' has been commissioned by The Open University in Wales and promises to be an unforgettable show from Welsh performance artists Tanja Råman, from TaikaBox, and Jo Fong working with visual artist Steve Geliot.

'Trajectory' takes you on a multi-dimensional, mind-expanding journey to tell the story of a life transformed by The Open University. The artistic

collaboration uses digital animation and live dance in one of Cardiff's most interesting buildings with its own extraordinary atmosphere.

The performance will celebrate 50 years since Harold Wilson first set out his vision for a "University of the Air" which later became The Open University. Today the OU has over 8,000 students in Wales. 'Trajectory' will promote and celebrate the impact that The Open University and its research programme have had on society since it began.

Director of The Open University in Wales, Rob Humphreys, said:

"We are delighted to be working with such a talented collaboration of artists. 'Trajectory' will capture the essence of The Open University and the transformative power that it can have on people's lives in unique and exciting way. We hope that people will come along to the Tramshed and experience it with us."

The performance is free for all to attend and will take place on Friday, December 6 at 6pm, 7pm and 9pm (each performance lasts approximately 30minutes) at The Tramshed, Clare Road in Grangetown (entrance on Pendyris Street).



News in brief

Council enjoys productive meeting with Celsa

COUNCIL Leader Heather Joyce has met Luis Sanz, the Managing Director of Celsa Manufacturing UK, and his senior management team to discuss the company's progress and investment plans.

The meeting formed part of a regular series that the Leader and Cabinet Member for Finance and Economic Development, Councillor Russell Goodway, has had over the past two years with one of Cardiff's leading manufacturing companies.

The difficult economy continues to impact Celsa along with the other high energy users.

Councillor Joyce said: "The Council has petitioned the UK Government to support the case for reduced energy costs, to high energy users like Celsa and we will continue to do so until action is taken.

"The partnership between the management team, Trade Unions and employers has helped Celsa through a difficult economic environment. As a result of this strong partnership, Celsa will be in a much stronger position to exploit the emerging market opportunities as the economy improves."

Roath Park scoops people's choice award



ROATH Park has been voted 'Best Green Space' by one of the country's biggest specialist nursery retailers.

Mamas & Papas are recognising family friendly local businesses in the Cardiff

area and collating the information in a free local guide called Mum and Dad's The Word, created to help parents find the best child friendly places and spaces in the area.

The awards aim to recognise all the local businesses that go the extra mile to make sure that their establishments enable parents to relax in an environment that feels safe and welcoming for them and their family.

Council's Cabinet Member for Sport, Leisure and Culture, Councillor Ramesh Patel, said: "It is wonderful to hear that Roath Park has been voted as Best Green Space with Victoria Park as runner-up. Both are an excellent child-friendly choice for a family day out."

"Roath Park is a well established popular attraction in the heart of Cardiff offering a range of amenities and activities in a beautiful setting. Instead, knowing where the most child-friendly cafes, parks, playgrounds and soft play places are becomes important."

"A café, playground and wildlife are just some of the reasons why locals and visitors return to the park time and time again."

Mamas & Papas Creative Director, Olivia Robinson, added: "Becoming a new parent can be daunting. Many new young families talk about how their lives change once they have a new baby. All the familiar local landmarks for a parent change. Suddenly it's no longer about finding the best local restaurants and boutique shops. Instead, knowing where the most child-friendly cafes, parks, playgrounds and soft play places are becomes important."

Capital Sport...



Another event brought to you by Cardiff Council www.cardiff.gov.uk or Call C2C on 2087 2087

Experience Cardiff International White Water

CARDIFF International White Water (CIWW) is an on demand white water facility, located in the heart of the International Sports Village. Since it opened three years ago it has already hosted the ICF Canoe Slalom World Cup and been hailed as 'Best Visitor Experience' in the Visit Wales awards.

However as the winter sets in, the greatest appeal will be its exciting new attraction - Indoor Surfing.

Offering fun for adventure-seekers of all ages and abilities, the simulated surf machine provides the thrills of surfing at a touch of a button... and it's all indoors! So there's no waiting around for the perfect wave, or braving the wet Welsh

weather. Great for novices and board sport enthusiasts alike, visitors start with body boarding on the stomach and then progress to stand up surfing with prices starting from only £25 per person for a 90 minute session.

Or would your friends and family love to try Indoor Surfing? With Christmas fast approaching, CIWW gift vouchers are the ultimate Christmas present for adventure seekers. Buy them now at the CIWW reception or Cardiff Bay Visitor Centre, located in the Wales Millennium Centre.

Why not mark New Year's Day in style and book a white water rafting session? Family Rafting and White Water rafting is available from 11am onwards, from

only £20 per person. Also to celebrate 2014, Indoor Surfing sessions on New Year's Day are only £20.14 per person. It's also a great time to start a new sport so why not try your hand at River Boarding, Hot Dogging, Canoeing and Kayaking. Or if you are looking for a more relaxed environment, the flat water area used for training is also great for Paddle Courses and the new fitness craze Stand Up Paddle Boarding.

• CIWW is open all year round, and all kit and training is provided. Age restrictions and terms and conditions apply. To find out more or to make a booking, contact the CIWW team on 029 2082 9970, visit www.ciww.com or find them on Facebook and Twitter.



The gloves are off as schools compete to be top of Cardiff's sporting table

AS Cardiff is about to embark on becoming European Capital for Sport 2014, the Cardiff Games has made an exciting start with secondary schools across the capital competing against each other for the top spot in the city-wide league table.

So far the first few weeks has seen Cardiff High School, Mary Immaculate High and Ysgol Gyfun Gymraeg Glantaf secure joint first positions on the leader board, each gaining 47 points for their participation in basketball and netball.

Launched in September, the Cardiff Games is part of the London 2012 Olympic legacy and is set to provide every child in Cardiff with the opportunity to participate in competitive sport, as well as creating a clear competition pathway from primary school and secondary school sport to community and club sport.

The project is managed by

Sport.Cardiff along with several key partners including Cardiff Blues, Cardiff City Football Club, Welsh Netball, Glamorgan Cricket and Tennis Wales.

The initiative encompasses a number of existing competitions and events that are already successfully running in schools as well as introducing new sports such as canoeing, cheerleading and golf.

Schools gain points for entering teams in designated sports competitions and receive additional points depending on their final standing.

Competitions and events will be held throughout the academic year and the results will feed into the Cardiff Games primary and secondary school league tables.

For more information and to view the league table, please go to www.cardiff-games.com

Cardiff City FC

Tel: 0845 365 1115
www.cardiffcityfc.co.uk

Premier League

Sunday, December 14, 3pm
Cardiff vs West Bromwich Albion

Thursday, December 26, 3pm
Cardiff vs Southampton

Saturday, December 28, 5.30pm
Cardiff vs Sunderland

Saturday, January 11, 3pm
Cardiff vs West Ham

Cardiff Blues RFC

Tel: 029 2030 2030
www.cardiffblues.com

RaboDirect Pro12

Friday, December 20, 5.05pm
Cardiff Blues vs Ospreys

RaboDirect Pro12

Wednesday, January 1, 2.05pm
Cardiff Blues vs Newport Gwent Dragons

Cardiff RFC

Tel: 029 2030 2002
www.cardiffrfc.com

Friendly

Saturday, January 4, 2.30pm
Cardiff RFC vs Rhiwbina

Friendly

Saturday, January 11, 2.30pm
Cardiff RFC vs Bridgend Athletic

Cardiff Devils

Tel: 029 2038 2001
www.cardiffdevils.com

Elite League

Saturday, December 14, 7pm
Cardiff Devils vs Nottingham Panthers

Sunday, December 22, 6pm
Cardiff Devils vs Sheffield Steelers

Sunday December 28, 7pm
Cardiff Devils vs Coventry Blaze

Sunday, January 5, 6pm
Cardiff Devils vs Sheffield Steelers

Sunday, January 12, 6pm
Cardiff Devils vs Belfast Giants

Thursday, January 16, 7.30pm
Cardiff Devils vs Nottingham Panthers

For all other sporting fixtures taking place across the city this month please visit www.sport-cardiff.com

Please note fixtures can be subject to change



Street cleansing team sweeps away the opposition to scoop award

CARDIFF Council's street cleansing team has triumphed by winning a prestigious national award.

The team came out top, winning the Association for Public Service Excellence (APSE) Best Service Team award for Street Cleansing and Streetscene. The APSE Service Awards, which have been in place for more than 14 years, allow local authorities across the UK to demonstrate innovation and improvement in the services they provide to local communities.

Cabinet Member for Environment, Councillor Ashley Govier, said: "This is a brilliant achievement by a totally committed team that frequently goes the extra mile

in keeping our city clean. No-one who sees our city centre after one of our many blue riband events can argue that the team doesn't do anything other than a wonderful job in often very challenging conditions.

This administration takes the cleanliness of the city very seriously and I am delighted that this cross service team has won such prestigious recognition."

Interest and recognition in the awards has grown year on year and the local authority's winners and finalists receive publicity, both nationally and locally through the awards, which recognise their authority as being exemplary in service delivery from the wider public sector family.

Cardiff Council's Assistant Director for Environment, Tara King accepted the award at the ceremony in Liverpool. She said: "I was thrilled to receive the award on the Council team's behalf. It was a very challenging but rewarding time for the multi-tasking team involved. It is a very competitive national award between every local authority and public service in the UK and 375 entries were submitted across the awards this year. The entire team should be highly commended and extremely proud of their fantastic efforts. They play a huge role in showcasing our beautiful city to the world and it is tremendous have their work recognised nationally."



• Tara King (right) accepts her award from Atomic Kitten's Liz McClarnon



• Councillor Ashley Govier and Councillor Sarah Merry help launch Let's Stop the Block campaign with Magdalena and Anna Thomas at Cafe Junior

Get It Out For Cardiff wins yet another award

THE Cardiff Council re-use and recycle campaign for students has won another accolade scooping the DS Smith best community partnership award.

Cabinet Member for Environment, Councillor Ashley Govier, said: "We have ensured this excellent scheme has not stood still and I'm delighted we have again been recognised by our peers for our innovative

approach to building community relationships and promoting reuse and recycling.

"With stiff Welsh Government targets to meet on a very challenging budget, it is vitally important every avenue is explored to maximise recycling and this campaign more than plays its part. The team work incredibly hard on this campaign and this recognition is very well

deserved. Congratulations to all involved."

Operational Manager for Strategy and Enforcement, Jane Cherrington, collected the award at the ceremony held at the Celtic Manor Resort. She said: "I was thrilled to pick up this award on behalf of the team. A lot of planning goes into the campaign year in year out and we've just had our best year ever with

recycling up 14 per cent and complaints down 28 per cent in Roath, Cathays and Plasnewydd so this award is the icing on the cake. Our recent kitchen sales also raised a record £2,360 for the Lord Mayor's charity, Foodbank, so it's good news all round. Well done to all the team where preparations are already under way to have an even better year next time around."

Help stop the block

A MAJOR Cardiff-wide campaign has been launched to encourage people to help reduce the risk of pollution and sewage flooding to homes.

The innovative Let's Stop the Block campaign, launched by Dwr Cymru Welsh Water, aims to transform people's behaviours when it comes to putting things down the toilet and disposing of fat, oils and grease.

Blocked sewers are a major problem across Cardiff and the rest of the region which costs Welsh Water over £7m pounds a year to clear. It can cause damage to homes and businesses, and can pollute our beautiful rivers, beaches and wider environment.

As part of the campaign, customers will learn how they can do their bit to stop sewer blockages from causing flooding in their homes and communities.

Thousands of school children across the city will be given special interactive lessons by

Welsh Water's education team and Welsh Water's Blockbuster teams will visit thousands of food businesses, nurseries and homes to show people what they can do to help reduce this problem.

The campaign is being supported by Cardiff Council. Cabinet Member for the Environment, Councillor Ashley Govier, said: "Flooding from blocked sewers can have a devastating effect on our homes, our streets and the wider environment. Cardiff Council is pleased to be working with Dwr Cymru on this campaign as we try to ensure that our capital city has the cleanest environment possible and residents don't have to suffer the misery of blockages in their homes."

Zoe-Lisa Blackler runs Café Junior, a business in Cathays.

She said: "We've had a number of flooding incidents over the last four years, the worst being last winter when two nappies had been flushed

down the toilet together and completely blocked the pipes. This is why the Let's Stop the Block Campaign is so important - showing people how they can help prevent flooding to their own homes, their neighbours and local businesses by just thinking before flushing any unsuitable items away or pouring fat, oil and grease down their drains."

Dwr Cymru Welsh Water's Director of Waste Water Services, Steve Wilson added: "Most of the blockages we deal with in Cardiff are caused by everyday items put down the toilet such as wipes, sanitary towels, cotton buds and dental floss as well as fat, oil and grease that people have put down their drains. Even one wipe can cause flooding to a home."

Individuals and businesses can join the Let's Stop the Block campaign by signing the online pledge at www.LetsStopTheBlock.com

Capital Events...



Another event brought to you by Cardiff Council www.cardiff.gov.uk or Call C2C on 2087 2087

New Theatre

Tel: 2087 8889
www.newtheatrecardiff.co.uk

See website for performance times and further details.

Jack and the Beanstalk
Saturday, December 14 - Sunday, January 19

St David's Hall

Tel: 2087 8444
www.stdavidshallcardiff.co.uk

See website for performance times and further details.

Handel Messiah
Monday, December 9, 7.30pm

The Snow Queen
Wednesday, December 11 - Saturday, December 14

CCVG Music Service
Wednesday, December 11, 7pm

Britten's Five Canticles
Thursday, December 12, 3pm

A Christmas Concert of Seasonal Music & Carols
Thursday, December 12, 7.30pm

Bert & Cherry's Christmas Plum Pudding
Friday, December 13 - Saturday, December 14

The Sixteen
Friday, December 13, 7.30pm

Christmas Concert with Carols
Saturday, December 14, 2.30pm

BBC Cymru Wales Carols for Christmas
Sunday, December 15, 11am

Christmas with the Stars
Sunday, December 15, 7pm

City Voices Cardiff-Spirit of the Season
Sunday, December 15, 7pm

Christmas Celebrations BBC NOW
Tuesday, December 17, 7pm

The Nutcracker -Ballet
Thursday, December 19 - Tuesday, December 24

Sleeping Beauty-Ballet
Friday, December 27 - Tuesday, December 31

Swan Lake-Ballet
Friday, January 3 - Sunday, January 5

James Arthur
Tuesday, January 7, 7.30pm

The Original Rat Pack
Friday, January 10, 7.30pm

Showdaddywaddy
Saturday, January 11, 7.30pm

Welsh National Opera Orchestra
Friday, January 17, 7.30pm

Cardiff Castle

Tel: 2087 8100
www.cardiffcastle.com

Santa's Grotto

Sat 7 / Sun 8 / Sat 14 / Sun 15 / Sat 21 / Sun 22 / Mon 23 December -Timed slots: from 10am

Thurs 12 / Fri 13 / Thurs 19 / Fri 20 December -Timed slots: from 5pm

Pre-booking essential for a timed ticket. Tickets available at www.cardiffcastle.com (via Ticketline) by phone on 029 2087 8100 or in person at the Castle Ticket Office. Child £7 (includes gift and two accompanying adults). Extra charge for photos or additional adults.

Christmas Wreath - Making Workshop

Sunday, December 8 from 11am Come along and join us in the Undercroft and learn how to make an authentic Christmas wreath and decorate it in traditional style. £10 per wreath. Book in advance on 029 2087 8100.

Victorian Christmas Tours

Tuesday, December 10 - Wednesday, December 11 from 5pm Pre-book on 029 2087 8100. Child £11, Adult £15/£14. 10% discount for Castle key/Season ticket holders.

Castle after Dark

Sunday, December 15 from 5.30pm Book on 029 2087 8100. Child £11, Adult £15/£14. 10% discount for Castle key/Season ticket holders.

National Theatre Wales - Silly Kings

Thursday, December 19-Saturday, January 4 Tickets available from 029 2063 6464 / www.nationaltheatrewales.org/sillykings

Park Events

Tel: 2068 4000

www.cardiff.gov.uk/parks

Carol Service, Grange Gardens Bandstand

Monday, December 9, 6.30pm. Free.

Carol Service, Victoria Park Bandstand

Tuesday, December 10, 6.30pm. Free.

Carol Service, Roath Park

Wednesday, December 11, 6.30pm Pre-book in advance. To book, call 029 2044 5911/5903. Free.

Yuletide logs & wreath making at Victoria Park

Saturday, December 14, 10.30am -12.30pm and 2pm - 3pm Meet at the Bowls Pavilion. Logs £1.50, table decoration £2, wreath £6.

Forest Farm wildlife watch

Saturday, December 14, 10am -12noon For details e-mail gstamp@cardiff.gov.uk or call 029 2044 5903.

Monthly nature ramble at Forest Farm

Saturday, December 14, 10am - 12noon

Wreath making at Roath Park

Sunday, December 15, 10.30am -12.30pm and 2pm - 3pm Meet at the Bowls Pavilion. Logs £1.50, table decoration £2, wreath £6.

Walk off Christmas at Hailey Park/Forest Farm

Sunday, January 12, 10.30am - 1pm. Meet at the Melingriffith Water Lift Engine. For details: www.friendsofhaileypark.org.uk / www.foresfarm.org.uk

Garth Mountain Walk

Sunday, January 14, 10.30am - 1.30pm 5911/5903. Free.

Libraries

Tel: 2038 2116

www.cardiff.gov.uk/libraryevents

Children's activities

Cardiff Libraries provide free Rhyme Time, Story Time and Language Play sessions for babies and toddlers.

Central Library, The Hayes, has Rhyme Time for 0 - 2 year olds every Wednesday and Thursday morning at 10.30am. Please book a place by telephoning 2078 0953 or emailing childrenslibrary@cardiff.gov.uk

Story Time for 2 - 4 year olds in Central Library is on Tuesdays and Fridays at 10.30am.

We also have lots of activities happening across Cardiff. Contact your local branch library to find out what activities are available for young children close to your home.

Caenlenni Cardiff's New Year Celebrations-City Hall Lawn, Civic Centre

Tuesday, December 31-Wednesday, January 1, 9.30pm -12.20am

Enjoy the magic of Cardiff's Winter Wonderland, party to music in the civic centre and soak up the atmosphere as the spectacular firework finale brings in 2014. Free. Visit: www.christmasincardiff.com

Cardiff Christmas Markets-The Hayes & John Street

Thursday, November 14 - Monday, December 23

For details: www.cardiffchristmasmarket.com

Santa's Grotto, Queen Street

Thursday, November 14 - Tuesday, December 24

For details: www.christmasincardiff.com

Cardiff Bay Water Activity Centre

Learn sailing, rowing, powerboating, windsurfing, archery, fishing and more. Contact 029 2087 7977 / 029 2035 3912 or visit www.cbvac.com

Cardiff International White Water

White water rafting, kayaking, canoeing and stand up paddling-Indoor Surfing now open! Contact 029 2082 9970 or visit www.ciww.com

Cardiff Allotmenter's & Gardener's Night School (Spring Term 2014)

Maescoed Road Community Centre (Opposite Bakery)

Subject: Growing Better Plants. Starting Thursday, January 16 2014, 7pm - 9pm (10 week course)

Contact Dawn Gibbons, Chairman Cardiff Allotment Holders Association dawngibbons@btinternet.com / 07771 915907.

Cardiff Archaeological Society Lectures

Chemistry Lecture Theatre, Main Building, Cardiff University, Cathays Park.

Thursday, January 9, 7.15pm-'Proud,

ambitious heaps': Elizabethan and Jacobean architecture'

Thursday, January 23, 7.15pm-'Pictish art and power: Discovering a 'Royal Centre' at Rhynie, Aberdeenshire'

Cardiff Bonsai Club

Meet monthly on the third Wednesday at 7.30pm at Bethel Church Hall, Whitchurch. www.cardiffbonsai.org.uk

Cardiff Farmer's Markets

Rhiwbina, Butcher's Arms-Every Friday 10am - 1pm. Roath, Mackintosh Sports Club-Every Saturday 9.30am - 1pm. Riverside, Fitzhamon Embankment - every Sunday 10am-2pm.

Whitchurch (outside The Three Elms pub) - (adult) £5 (child) £10

every Wednesday 10am - 2pm. St. Mary Street - every Saturday 11am-5pm. www.riversidemarket.org.uk

For tickets: www.operamint.eventbrite.co.uk/ / 07795 322602.

Rhiwbina Floral Society

Meet every first and third Tuesday of the month at Rhiwbina Memorial Hall, Lon Ucha, CF14 6HL. For details: www.rhiwbinafloralsociety.org.uk Royal Welsh College of Music and Drama For details visit www.rwcmd.ac.uk. Box office: 029 2039 1391 / boxoffice@rwcmd.ac.uk

The Royal Welsh Regimental Comrades Association City of Cardiff Branch

Former and serving members of the Royal Welsh, Welch Regiment, South Wales Borderers, Royal Welch Fusiliers, Royal Regiment of Wales and any affiliated territorial and regular battalions are welcome. Meet at the Warrant Officers' and Sergeants Mess at Maudy Barracks on the third Friday each month at 7.30pm. For details call 029 2115 / 029 2054 9577.

Sherman Cymru-The Sleeping Beauties

Until Saturday, January 4. For details on this and other events visit www.shermancymru.co.uk / 029 2064 6900.

South Wales Art Society

Meet every second Tuesday, 7-9pm at Heath Park Citizens Hall, King George V Drive, CF14 4EP. Lectures, demonstrations and criticisms. New members welcome. Contact: www.southwalesartsociety.co.uk or call 029 2056 6099.

St Fagans: National History Museum-Meet Father Christmas and Friends

Every weekend until Sunday, December 22 £12 per child, call 029 2087 8440 for tickets. For a full listing of events visit www.museumwales.ac.uk / 0300 111 2 333.

Welsh widows and widowers group

The group meet every Saturday night for social evenings. There is also a luncheon club on a Wednesday each fortnight. For details, call 07749 542858 or e-mail friends@welshwidows.co.uk / website www.welshwidows.co.uk

Norwegian Church Art Centre

Tel: 2087 7959

www.norwegianchurchcardiff.com

The Welsh Norwegian Society monthly meetings

Third Wednesday of each month, 7.30pm. Free.

Make it Christmas-Recycled Art Workshop

December 14, 11am - 4pm. £3.

Mike Dignam: 'Hear to Heart' Tour

December 18, 7pm. £15.

Wedding Showcase

January 5, 11.30am - 4pm. Free.

Tree lighting ceremony

Sunday, December 1, from 4pm

Disability Arts Cymru-DAC@30 exhibition

Opens Tuesday, December 3



YOUR WARD SURGERIES - December 2013 / January 2014

ADAMSDOWN



Manzoor Ahmed
07850 743 355
Manzoor.Ahmed@cardiff.gov.uk

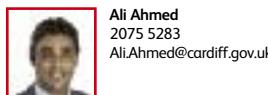
2nd & 4th Saturday of the month
10.30am - 11.30am at Roath Library,
Newport Road. Contact Tel: 07850
743355



Nigel Howells
2046 5233
nhowells@cardiff.gov.uk

1st & 3rd Saturday of every month
11am to 12 noon at Roath Library,
Newport Road. To request a personal visit
please contact Tel: 029 2046 5233

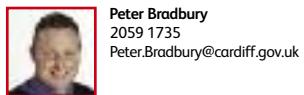
BUTETOWN



Ali Ahmed
2075 5283
Ali.Ahmed@cardiff.gov.uk

Every 2nd & 4th Saturday of every
month. 11am to 12 noon at County Hall,
Atlantic Wharf (in the office to the left of
reception). Saturday street surgeries -
12.15pm to 1.15pm. For more details
contact 07976 358696

CAERAU



Peter Bradbury
2059 1735
Peter.Bradbury@cardiff.gov.uk



Elaine Simmons
2056 9349
Elaine.Simmons@cardiff.gov.uk

14 December 2013 and 11 and 25
January 2014. 10am to 11am at
Western Leisure Centre, Caerau Lane. No
appointment necessary. Please contact
07973 179577 for more details.

CANTON



Cerys Furlong
2023 3510
cfurlong@cardiff.gov.uk



Ramesh Patel
2037 2035
rapatel@cardiff.gov.uk



Richard Cook
2056 7428
riCook@cardiff.gov.uk

Every Saturday 10am to 11am
Canton Library, Library Street, Canton
CF5 1QD No appointment necessary

CATHAYS



Elizabeth Clark
2063 0311
eclark@cardiff.gov.uk

First Saturday of every month
11am to 12noon at Cathays Library,
Fairfaul Road. Contact details: 029
20630311 or email eclark@cardiff.gov.uk



Christopher Weaver
2039 7149
Christopher.Weaver@cardiff.gov.uk



Sarah Merry
2087 2020
Sarah.Merry@cardiff.gov.uk



Sam Knight
07539685806
Sam.Knight@cardiff.gov.uk

1st Saturday of the month. 11am to
12noon at Cathays Community Centre,
Cathays Terrace. All other Saturdays at
Cathays Library, Fairfaul Road.

CREIGIAU & ST FAGANS



Graham Thomas
07805 850812
Graham.Thomas@cardiff.gov.uk

To book an appointment or arrange a
house call please email:
graham.thomas@cardiff.gov.uk or call
Councillor Thomas on 07805 850812 or
Members Services on 029 2087 2020.

CYNCOED



David Rees
2075 0310
davrees@cardiff.gov.uk



Kate Lloyd
2075 3710
klloyd@cardiff.gov.uk

ELY



Jim Murphy
2059 2411
Jim.Murphy@cardiff.gov.uk



Susan Goddard
2065 9330
sgoddard@cardiff.gov.uk

10 December at 1pm at Coffee Plus,
Rhydypenau Road, Shopping Precinct.

FAIRWATER



Lisa Ford
07891 518426
lisaford@cardiff.gov.uk



Neil McEvoy
07966 375523
nmcevoy@cardiff.gov.uk

Every Saturday 11am to 12noon at
Fairwater Library. Every 2nd and 4th
Saturday 2pm - 3.30pm at Fairwater
Leisure Centre. Every Wednesday 12noon
to 1pm at Pentrebarne Community
Centre. Please contact Councillor Ford:
Tel: 07891 518426 and / or Councillor
McEvoy: Tel: 07966 375523

GABALFA



Paul Mitchell
2056 4637
Paul.Mitchell@cardiff.gov.uk

1st and 3rd Saturday, 11am to 1pm -
street surgeries at various locations. 2nd
and 4th Saturday 2pm to 3.30pm - fixed
surgeries at Fairwater Library. Contact
paul.mitchell@cardiff.gov.uk for further
details.

GRANGETOWN

GRANGETOWN



Ashley Govier
2087 2631
Ashley.Govier@cardiff.gov.uk



Chris (John) Lomax
2037 2853
Chris.Lomax@cardiff.gov.uk



Lynda Thorne
2087 2598
Lynda.Thorne@cardiff.gov.uk

HEATH



Fenella Bowden
2069 2435
fbowden@cardiff.gov.uk

1st Saturday of the month, 10am to
11am at Birchgrove School; and as
advertised within the ward. Contact Tel:
029 2069 2435.



Lyn Hudson
2052 2654
lhudson@cardiff.gov.uk

1st Wednesday of every month 5.30pm-
6.30pm, Maes y Coed Community
Centre. Please contact Tel No: 029 2052
2654



Graham Hinchee
079 7747 3893
Graham.Hinchee@cardiff.gov.uk

1st Monday of every month 5.30pm -
6.30pm. Llwynfedw Gardens Bowling
Pavilion, Llwynfedw Gardens, CF14 4NW.
For details of Street Surgeries please
contact Councillor Hinchee on Mob:
07711 026044

LISVANE



David Walker
2076 5836
dwalker@Cardiff.gov.uk

Saturday 23rd November 2013 and
Saturday 18 January 2014. 10am to
11am, Old School Cabin, Lisvane or to
book an appointment please contact
Councillor Walker on 029 2076 5836

LLANDAFF



Gareth Aubrey
2055 2600
gaubrey@cardiff.gov.uk

Kirsty Davies
2056 2979
kirsty.davies@cardiff.gov.uk

2nd Saturday of every month 12.30pm
to 1.30pm, at Llandaff Parish Hall. 4th
Saturday of every month, 12noon to
1pm at St Johns Hall, Danescourt.

LLANDAFF NORTH



Dilwar Ali
2062 4134
Dilwar.Ali@cardiff.gov.uk

Siobhan Corria
20873837
Siobhan.Corria@cardiff.gov.uk

1st & 3rd Tuesday of each month -
5.30pm - 6.30pm Llandaff North Library,
Gabalfa Avenue, Llandaff North. 2nd &
4th Thursday of each month - 10am -
11am. Gabalfa Community Education
Centre, Colwill Road, Llandaff North

LLANISHEN



Phil Bale
075 8142 1282
Phil.Bale@cardiff.gov.uk



Garry Hunt
2075 0382
Garry.Hunt@cardiff.gov.uk



Julia Magill
075 8116 3249
Julia.Magill@cardiff.gov.uk

Every Saturday 10am to 11am at Cardiff North
Labour Office, 13 Llangranog Road, Llanishen.



Andrew Graham
2075 1364
Andrew.Graham@cardiff.gov.uk

To book an appointment or arrange a
house call please email:

Andrew.Graham@cardiff.gov.uk or call
Councillor Graham 029 2075 1364 or
Members Services on 029 2087 2020.

Friday 22 November 2013 between 6pm
- 7pm in the Foyer, Marlborough Primary
School, Blenheim Road.

PLASNEWYDD



Daniel De'Ath
07581 421273
Daniel.De'Ath@cardiff.gov.uk

Mohammed Javed
2075 3389
Mohammed.Javed@cardiff.gov.uk

Mary McGarry
2087 2020
Mary.McGarry@cardiff.gov.uk

Sue Lent
07790962764
Sue.Lent@cardiff.gov.uk

Every Saturday morning 10am- 11am -
Penylan Library and Community Centre,
Ninian Road

PONTPRENNAU & OLD ST MELLONS



Diane Rees
2079 4918
DiRees@cardiff.gov.uk

1st Saturday of every month (except for
January) 2pm - 3pm at the Star Centre,
Splott Road, Splott CF24 2BZ. 2nd and
3rd Wednesday of the month, from 6pm
to Moorland Community Centre,
Moorland Road, Splott CF24 2LG. Last
Saturday of every month Street Surgery

Georgina Phillips
2036 0692
Georgina.Phillips
@cardiff.gov.uk

1st Saturday of every month, 9.30am to
10.30am at Pontprennau Community
Church Centre, Heol Pontprennau. 1st
Saturday of every month. 11am to
12noon in the hall at the rear of
Caerauam Baptist Church, Mill Lane, Old
St. Mellons.

RADYR & MORGANSTOWN



Roderick McKerlich
2084 3106
RMckerlich@cardiff.gov.uk

To book an appointment please call
Councillor McKerlich on 029 2084 3106.
Email rmckerlich@cardiff.gov.uk

RHIWBINA



Jayne Cowan
2062 7757
JCowan@cardiff.gov.uk

Adrian Robson
2062 7757
ARobson@cardiff.gov.uk

Eleanor Sanders
2062 8587
Eleanor.Sanders
@cardiff.gov.uk

Saturday 7 December 2013. Lord
Mayor's Charity Coffee Morning with
Mince Pie Ward Surgery 10am to
10.30am. Coffee with Bring and Buy Sale
and Raffle. 10.30am - 12noon
Baptist Church, Heol Ucha, Rhiwbina

Thursday 16 January 2014. At the City
Bakehouse Coffee Shop Beulah Road
roundabout from 4.30pm
http://rhiwbinaward.co.uk

RIVERSIDE



Bill Kelloway
2075 6886
bkelloway@cardiff.gov.uk

Joe Boyle
07966779490
Joe.Boyle@cardiff.gov.uk

Tricia Burfoot
2048 8796
tricia.burfoot@cardiff.gov.uk

Cecilia Love
07817 406482
Cecilia.Love@cardiff.gov.uk

Iona Gordon
2034 5



Capital Education...

Saved by the bell

CHILDREN at Roath Park Primary School are enjoying the reinstallation of their school bell which is ringing again for the first time in more than 70 years.

The school bell has been restored after undergoing maintenance works to return it to its former glory.

A new bronze clapper has been fitted inside the bell which has been silent since World War II and its peals have been calling children into the classroom since the start of this term.

Headteacher Colin Skinner, said: "The opportunity arose to refurbish the school bell and get it ringing again for the first time since the Second World War. Our chair of governors at the time, Dr Keith Strange, was very keen to see the bell reinstated but very sadly he passed away in November last

year.

"We are delighted that the school bell is ringing once again. It rings in the morning to get the children into school and on the hour as well. The original clapper was steel but the new one is bronze so it will last for a very long time."

The opportunity to refurbish the bell arose in the course of general maintenance to the school which is an important Grade II listed building. The restoration was funded as part of the Council's Heritage Enhancement Programme, which is managed by the Conservation Policy and Projects Team, helping to preserve an important part of Cardiff's built heritage.

A plaque commemorating the refurbishment was unveiled at a special ceremony at the school which was attended by Dr Strange's family.



PRIMARY SCHOOL MENU 09 DECEMBER 2013 - 10 JANUARY 2014

MONDAY 09 DECEMBER	TUESDAY 10 DECEMBER	WEDNESDAY 11 DECEMBER	THURSDAY 12 DECEMBER	FRIDAY 13 DECEMBER
Chicken Kiev Vegetable Nuggets V	Pasta Bolognese Pasta Neapolitan V	Chicken Korma Vegetable Korma V Alaskan Salmon Bake	Roast Pork / Pork Sausage Cheese & Potato Pie V Sage & Onion Stuffing Apple Sauce/Gravy	Fish Fingers Scrambled Egg & Cheesy Beans on Toast V
New Potatoes Garden Peas	Garlic Bread Green Beans	Rice Creamed Potatoes	Roast/Creamed Potatoes	Potato Rosti Bites
Chocolate Brownie	Banana Muffin	Garden Peas	Broccoli/ Carrots	Baked Beans Garden Peas / Coleslaw
16 DECEMBER	17 DECEMBER	18 DECEMBER	19 DECEMBER	20 DECEMBER
Beef Burger Quorn Burger V Tomato Ketchup	Chicken & Pepperoni Pasta Bake Pasta Neapolitan V	Chicken Casserole Quorn Casserole V Crispy Golden Fish Tomato Ketchup	Roast Beef Cheese & Vegetable Pastry V Yorkshire Pudding Gravy	Salmon Chunks Country Vegetable Bake V
Chipped Potatoes	Garlic Bread	Rice / New Potatoes	Roast/New Potatoes	Creamed Potato
Garden Peas Coleslaw	Sweetcorn	Garden Peas	Broccoli/Carrots	Garden Peas Baked Beans
Rice Pudding with Raisins	Cornflake Crisp	Peaches with Ice Cream	Muesli Cookies	Eve's Pudding with Custard
06 JANUARY	07 JANUARY	08 JANUARY	09 JANUARY	10 JANUARY
Ham & Pineapple Pizza Tuna & Sweetcorn Pizza Margherita Pizza V	Meatballs in Tomato Sauce/Gravy Vegeballs in Tomato Sauce/Gravy V	Chicken Tikka Vegetable Tikka V Fish Finger Wrap	Roast Turkey Pork Sausage Quorn Sausage V Sage & Onion Stuffing Gravy	Crispy Golden Fish Cheese, Egg & Potato Bake V Tomato Ketchup
Herby Diced Potatoes	Pasta Creamed Potato	Rice / New Potatoes	Roast/New Potatoes	Creamed Potato
Baked Beans Sweetcorn	Garden Peas	Mixed Vegetables / Coleslaw	Cabbage /Carrots	Garden Peas
Rice Pudding with Raisins	Coconut Slice	Raspberry Arctic Roll with Fruit Cocktail	Flapjack	Apple & Blackberry Crumble with Custard

CHRISTMAS HOLIDAYS 23 DECEMBER - 03 JANUARY

A big thank you for
your continuous
support and loyalty

Wishing you all a very
Merry Christmas and
we'll see you in the
New Year!





Cathays Cemetery raises the flag for its greenery

A FLAG raising event has been held at Cathays Cemetery to celebrate the site regaining the prestigious Green Flag Award for its standards of excellence in public green spaces.

The event was attended by children from Allensbank Primary School and members from the weekly Walking for Health Group while daffodil bulbs were also planted to mark the occasion.

The cemetery situated in the heart of Cardiff is the third largest in the UK, covering some 110 acres. Opened in 1859, it was designated both as a place of burial and a pleasant environment in which to walk. Its forecourt walls and mortuary chapels are Grade II listed structures.

The Green Flag Award is the benchmark national standard for parks and green spaces in the United Kingdom. The scheme was set up in 1996 to recognise and reward green spaces in England and Wales that met the laid down high standards. It is also seen as a way of encouraging others to achieve the same high

environmental standards, creating a benchmark of excellence in recreational green areas.

Sites for a Green Flag Award are judged against eight key criteria including a welcoming place, clean and well maintained and conservation and heritage.

Cabinet Member for Sport, Leisure and Culture, Councillor Ramesh Patel said: "Cathays Cemetery has been awarded a Green Flag since 2009. It is a prime example of a Victorian garden cemetery with memorials commemorating many of the well known historical figures from Cardiff's past.

"The Green Flag Award recognises the dedication and hard work of all those who help maintain and nurture the grounds in order for all to use."

For further information about Cathays Cemetery please contact Bereavement Services on 029 2054 4820. Cathays Cemetery also has a friends group. For more information please go to www.friendsofcathayscemetery.co.uk



• Councillor Ramesh Patel with children from Allensbank Primary School at Cathays Cemetery

Llanishen Skate Park looking good

THE popular skate park in Llanishen has undergone a makeover.

The Council's Youth Service and Graffiti Team, with help from a

community grant from Neighbourhood Management and support from local councillors, managed a project where young

people in the area had an opportunity to tap into their creative skills and design and paint the skate park's ramps.

Once considered an eyesore, the skate park now regularly draws in crowds of visitors to take a look at the artistic efforts of the local children, many of whom regularly use the skate park.

Users of the facilities have rubber stamped their seal of approval. Mark, from Llanishen, aged 15, said: "It's great to have the park tidied up. We are determined to keep it looking as fresh and as new as possible."

Robert from Rhiwbina, aged 16, said: "Some of the designs look really cool, the place looks much better."

Clive Burris, from the Cardiff Youth Service, said: "Youngsters from all over the city come and enjoy themselves while learning new skills at the skate park. The inspiration of some of the skate park users and the technical ability of a local artist, all mixed with support from Cardiff Council staff, turned an eyesore into an eye-catching local facility."

The project was deemed a great success, with the young people offered opportunities to develop new skills and feel a part of creating something special within their own community. The Youth Service is hoping to repeat this success on future projects, which include the Garden Project at Cardiff High School.

To find out more about what the Youth Service offers across the city visit www.cardiff.gov.uk/youth



• Llanishen skate park getting its makeover

It's all smiles as Thora makes the front page

YSGOL Glan Morfa pupil Thora Price has won £200 of books for her school in a Wales-wide dental competition.

The five-year-old designed a winning picture which appeared on the front of the August edition of the British Dental Journal and on its Designed to Smile website.

With over 2,000 entries to the competition, the standards were extremely high, and the school is

delighted with Thora's achievement.

Acting Headteacher, Rhian Carbis, said: "The community of Ysgol Glan Morfa is very proud of all pupils who participated and the standard of work was very high. We are ecstatic that Thora has been chosen as one of twelve winners. Thora is a very deserving winner and is one of our younger pupils. She was thrilled to see her poster displayed at her local dentist's."



• Thora Price displays her winning picture along with her mum

